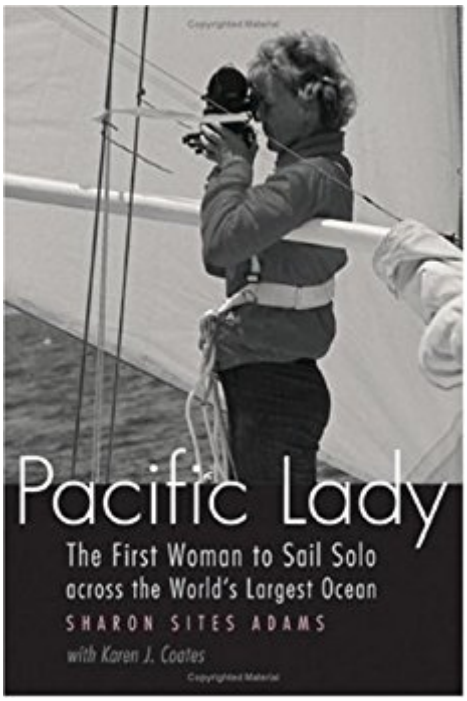
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Pacific Lady: The First Woman To Sail Solo Across The World's Largest Ocean (Outdoor Lives)



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Synopsis

It was an age without GPS and the Internet, without high-tech monitoring and instantaneous reporting. And it was a time when women simply didnÃ¢â ¬â„¢t do such things. None of this deterred Sharon Sites Adams. In June 1965 Adams made history as the first woman to sail solo from the mainland United States to Hawaii. Four years later, just as Neil Armstrong very publicly stepped onto the moon, the diminutive Adams, alone and unobserved, finally sighted Point Arguello, California, after seventy-four days sailing a thirty-one-foot ketch from Japan, across the violent and unpredictable Pacific. She was the first woman to do so, setting another world record. Ã Â Inspiring and exciting, AdamsÃ¢â ¬â„¢s memoir recounts the personal path leading to her historic achievements: a tomboy childhood in the Oregon high desert, an early marriage and painful divorce, and a second marriage that ended when her husband died of cancer. In the wake of his death and almost by accident, Adams discovered sailing. Six weeks after her first sailing lesson she bought a boat, and within eight months she set out to achieve her first world record. Pacific Lady recounts the inward journey that paralleled her sailing feats, as Adams drew on every scrap of courage and navigational skill she could muster to overcome the seasickness, exhaustion, and loneliness that marked her harrowing crossings. (20080915)

Book Information

File Size: 1705 KB

Print Length: 234 pages

Page Numbers Source ISBN: 0803211384

Publisher: University of Nebraska Press (September 1, 2008)

Publication Date: September 1, 2008

Sold by:Ã Â Digital Services LLC

Language: English

ASIN: B003UD7JQW

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #708,269 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #78

inÃ Â Books > Sports & Outdoors > Outdoor Recreation > Sailing > Excursion Guides #164 inÃ Â Books > Travel > Specialty Travel > Solo Travel #380 inÃ Â Kindle Store > Kindle eBooks > Nonfiction > Sports > Water Sports > Sailing

Customer Reviews

I happened upon this book almost by accident, kind of how Sharon Adams started sailing. Not truly, by accident, because I *was* searching for "sailing" books. It was a refreshing book to read, because it was not about how to get your wife to go sailing with you. No, it was written by a woman who loves sailing. And thus, I easily identified with it. There was no need to explain why she loves sailing. She does mention that people question why she wanted to do what she did -- sailing solo across the Pacific. I have a suspicion that she, like me, and other people who do things just to challenge themselves, are kiasu. And kiasu is not always a bad thing.I appreciate that in the book (co-written/arranged by Karen Coates), she is brutally honest about the problems she encounters when sailing alone. Problems are both psychological and physical -- much as Robin Lee Graham writes about in his bookÃ Â Dove. And yet, I find myself nodding when she describes all the beautiful things about sailing, that make us go through all the crap that we do.Thank you two for putting together such a lovely book.

I seem to be lucky in finding books that I can’t put down and this is one of them. What a gal! She was climbing up fixing sails; injuring her arm, getting all of her "stuff" completely drenched including her bed and was successful in fixing a really nasty problem. All of this and more, alone and sometimes melancholy but she chose to do it and did it! I wish that I had had that kind of courage when I was younger.

Easy read, amazing what she did, especially "back in the day" when it wasn’t really "done" by women!

An interesting "touchy/feely" look at one person’s search for her 15 minutes of fame.

Very good read!

fascinating story of an unusual woman for her time. Great descriptions of being at sea in a very small sailboat in a very big ocean.

Love this book and the service was great!

A completely normal lady next door! Somehow she takes a boat across the Pacific alone! She is super cool!Perfect!

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